

spiritual strength mental strength
physical strength

Willie LaBonne

SPEAKER, COACH, AUTHOR



Willie delivers fast-paced keynotes & seminars that engage, energize, & entertain while providing permanent positive change in the lives of the participants.

Let Willie customize an interactive, unforgettable speaking engagement that will engage and inspire your audience. Here are her most requested keynotes, which can also be presented as highly interactive workshops.

Success in All- Fitting in the Puzzle Pieces

Only 3% of people are Successful. Why does the other 97% fail to reach their goals and live the life of their dreams? Most people fall or stumble into their careers, they live life by default, rather than by design, and don't know how to get unstuck. Attendees will discover simple — yet powerful — processes for making a shift in their lives that can ignite a catalyst unleashing power, ideas, and visions that can create true Success. (1 hour interactive presentation; 3 to 8 hour customized workshop)

Life Changing Now- In Search for the right Wisdom and Spirituality

The rollercoaster in our world economy creates ripple effects throughout companies and organizations. There is much uncertainty about what the next day will bring, and it's easy to get side-tracked and fall into negativity and distress. This presentation gives you hands-on tools you can use to upgrade your attitude, build your sense of calm, and stop superimposing your past into your imagined future by learning how to tap into your own life purpose, wisdom and spirituality. (1 hour interactive presentation; 3 hour to 2-day customized workshop)

Your Life's Contribution- What's Your Legacy?

As adults, we work hard with determination to make a better life for ourselves and our families. We have a wish list and go through life creating new ambitions to achieve, new targets to conquer, and new things to acquire. In this presentation, the audience will discover the process of evolution to attain a better life now and leave a legacy to be proud of for everyone. Learn how to get rid of the things that are robbing you of any present happiness and look at the factors that are creating distress at work and private life. (1 hour interactive presentation; 3 hour to 2-day customized workshop)

Reveal your Power and Step into Your Greatness

Being the best person you can be is just a decision away, but the pace of change seems to be constantly increasing, making it more and more challenging to make good decisions under pressure. Learn the neuroscience behind how we make our decisions. The intellect alone does not promote optimal decision-making, but it can lead to delays and disasters. Discover how to enhance your ability to make more satisfying, beneficial decisions using the power of your own intuition through some experimental exercises. You will learn how to truly step into your Greatness, become more productive, and attain your goals. (1 hour interactive presentation; 3 to 8 hour customized workshop)

Hire Willie to speak at your next event!

e-mail: Willie@WilliesWisdom.com

phone: 262-327-0385

websites:

www.WilliesWisdom.com

www.WillieLaBonne.com

**Willie is the last
piece of the puzzle!**

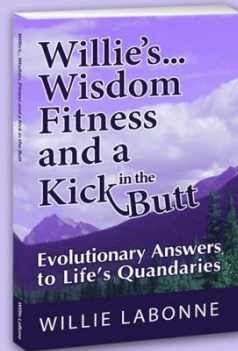
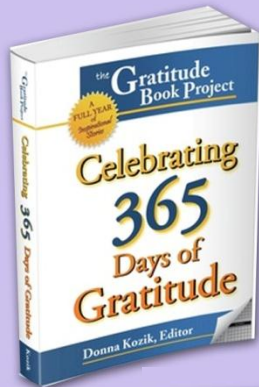
About Willie...

Willie has travelled all over the world and held jobs from being a waitress, to being a spy for the US government speaking five languages.

Willie has also been coaching athletes since 1982. She is an expert in the field of sports conditioning, has held the top training certifications in the country for the past 29 years and is a Performance Enhancement Specialist for the National Academy of Sports Medicine, having trained athletes from grassroots to professional level.

Willie is an intuitive teacher and life coach, as well as a natural healer, health care provider, speaker, author and empowering expert.

Willie is the co-author of ***The Gratitude Project: Celebrating 365 Days of Gratitude*** and author of the upcoming book ***Willie's Wisdom, Fitness and a Kick in the Butt***



Join Willie on these social media sites.



Some of her clients include:

US Army
Wisconsin National Guard
Zion City Police Department
Captain Lovell Federal Health Care Facility
Motorola
University of Wisconsin-Parkside
Rosalind Franklin University
Team Sports, Inc.

what others are saying...



"Willie, thank you so much for the excellent training session! Your training was funny, direct, and very well researched. Your approach, knowing the specific issues we have to deal with, providing the answers and making us laugh along the way, was exactly what we needed. You have excellent insight. Thanks for giving us the wonderful tools for actual real life situations. We're definitely inviting you again next year!"

-**Lieutenant Kevin Leslie**



"Thanks for sharing your knowledge and inspirational message with the Latinos Unidos Students. "The First Five Steps of Success" workshop was very well received and many of the students thought it will be life changing. Your ability to connect with the audience and commanding their attention is probably the best I've seen. Your stories were very motivational and inspiring."

-**Nydia Adames-Petty, Academic Advisor**



"Willie, I'm writing to let you know how much we appreciate you speaking at our annual conference. You have the unique ability as a speaker to entertain and educate. Mixing humor with serious topics and talking with the audience instead of to the audience, you kept everyone involved and we learned how to be successful in all aspects of our life. We were very fortunate finding you and look forward to have you return!"

-**Team Sports, Inc., Wauwatosa, WI**

**Willie will help you
reveal the power within!**